

ATAXIA NI NEWSLETTER CHRISTMAS 2023



MERRY CHRISTMAS FROM EVERYONE AT
ATAXIA NI!

The Ataxia NI support group meets several times a year to offer help and advice to fellow Ataxia patients and others affected by the condition. This might be most important during the winter months, when Christmas brings fun and frivolity to the long, cold nights. Tomorrow will be warmer and brighter.



CIARAN AND ALEX AT THE CHRISTMAS
LUNCH.

The Christmas lunch this year was on 16th December at Corr's Corner in Newtownabbey, just North of Belfast. Very close to Christmas, only a week before Christmas Eve, the restaurant was packed with people eager to spread a little festive cheer. The familiar faces in attendance were Alex D, Linda A, Ciaran, Briega, Brian, Alex C, Sean and Joan. In addition we were happy to welcome several new faces, who hopefully found the advice and support on offer. The new attendees, pictured below were Siobhan, Pat, Eileen and Barney.



PAT (LEFT) AND
SIOBHAN (RIGHT) WERE
AMONG THE NEW
FACES AT CORR'S
CORNER.

EILEEN (LEFT) AND BARNEY
(RIGHT) SHARE THE SPIRIT OF
THE FESTIVE PERIOD.



There are always a few who can't attend any Christmas party, because of seasonal illnesses or for other reasons. Apologies were received from Linda M, Marilyn, Margaret, Alison and Lisa. They were missed in their absence and hopefully will be able to attend in the future.



SEAN (RIGHT) AND BRIAN
(LEFT) ENJOYING LUNCH IN
NEWTOWNABBEY

JOAN (RIGHT) AND
BRIEGE (LEFT)
ATTEND THE
CHRISTMAS LUNCH.



Over an enjoyable lunch the group shared news and advice as we looked forward to a busy festive period. Chatting and relaxing with so many was an excellent introduction to this time. With the new year so close at hand the meeting reminds that the new means more reasons to celebrate.



ALEX D (RIGHT) AND
LINDA A (LEFT) HAVING
FUN AT CORR'S CORNER!



The views expressed in this newsletter do not necessarily reflect those of Ataxia UK.