



Leicester Support Group - Summer Newsletter 2023

Hi all

I hope you are all keeping well. The weather has been very up and down... one minute it's warm and sunny, the next it's been cold and rainy! We could be having an 'Indian Summer now' as the forecast is lovely for this week. Enjoy the weather.

We had a lovely meeting on Friday 18th August, at the Local Hero in Leicester.



We welcomed Sarah to the group, who has not been diagnosed yet, but she is very welcome to join us. We spoke about the different mobility aids and how long it takes to get a diagnosis - hopefully, with more awareness especially to Doctors in rural areas, they will be able to refer patients to the specialist neurologist and have a head MRI scan which help neurologists to diagnose certain medical conditions.

The Ataxia UK's website is ataxia.org.uk .

If you are interested in helping Ataxia UK with their research projects, then you can email them on: research@ataxia.org.uk .

The next meeting will be held on Saturday 7th October, 12.30pm at the Local Hero, Aylestone Road, nr Mecca Bingo, Leicester.

PLEASE let me know if you are unable to attend - everyone is welcome.

It will be great to see everyone. In the next few weeks, I shall call in at the Local Hero and pick up their Christmas Lunch menu to share with you all.

Take care,

Claire
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