The Ambassadors Project

ATAXIA
ATAXIA
ATAXIA

Misunderstandings

Disabled driver fighting fines

A DISABLED man is locked in a battle with Ashford council after being hit with two parking fines in a fortnight

in January, also after incorrectly setting his timer, the council said they would not refund the subsequent fines.

He was told in a letter: "As you have had a previous warning regarding displaying your time disc correctly, we are not willing to cancel the penalty charge notice."

But the 51-year-old, who suffers from Freidreich's Ataxia, a disease

THIS IS LOCAL LONDON

Constantly updated by 38 London Newspapers

Disabled dad left stranded by bus

TRANSPORT chiefs are in
stranded and drove off with

Paul Miller, 48, was taking
School, Mitchell Road, Orp
happened, leaving him "up

Mr Miller, who suffers fron
on the 51 bus at Orpington
ramp for him to climb on.

I am a severely disabled wheelchair user with Friedrich's Ataxia. I'd like to have the opportunity to simply apply for a visa, book a flight and go travelling for a while to Australia or Singapore, or maybe both.

I've worked out that if I was non-disabled, it would be so much easier financially to follow this dream: I'd get a small bank loan, book my flights and hotel, and take enough money for food and drink.

But being disabled turns the whole affair from a possible dream into an unrealistic fantasy. I'd need to pay extra for a helper to assist me with drinks and meals on the plane, specialist accommodation, a personal assistant to help me with daily tasks such as getting to and from bed, dressing, toileting, showering,

ATAXIA

It hasn’t gone away

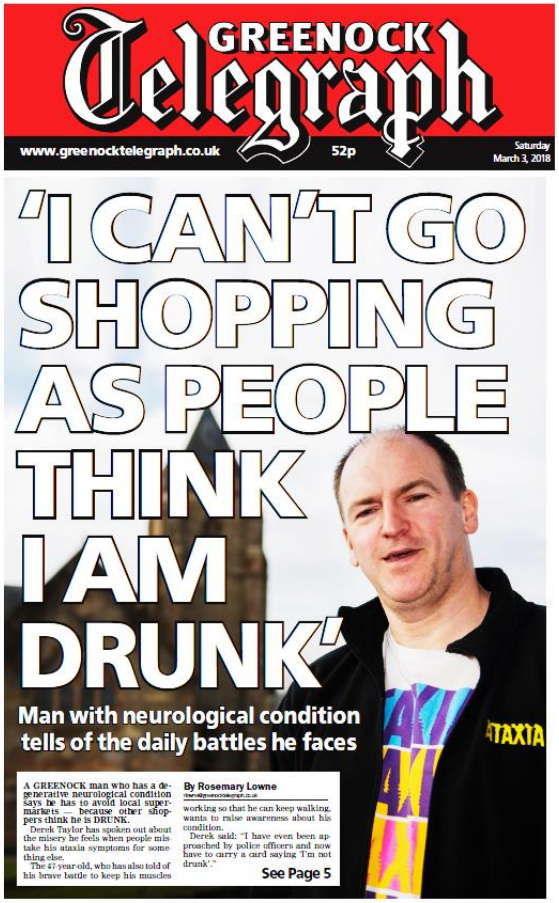
Gatehouse of Fleet woman with "horrible disease" says she experiences ignorance on daily basis

Taryn Cotton is looking to raise awareness of the neurological condition cerebellar ataxia in a bid to gain fair treatment

SHARE

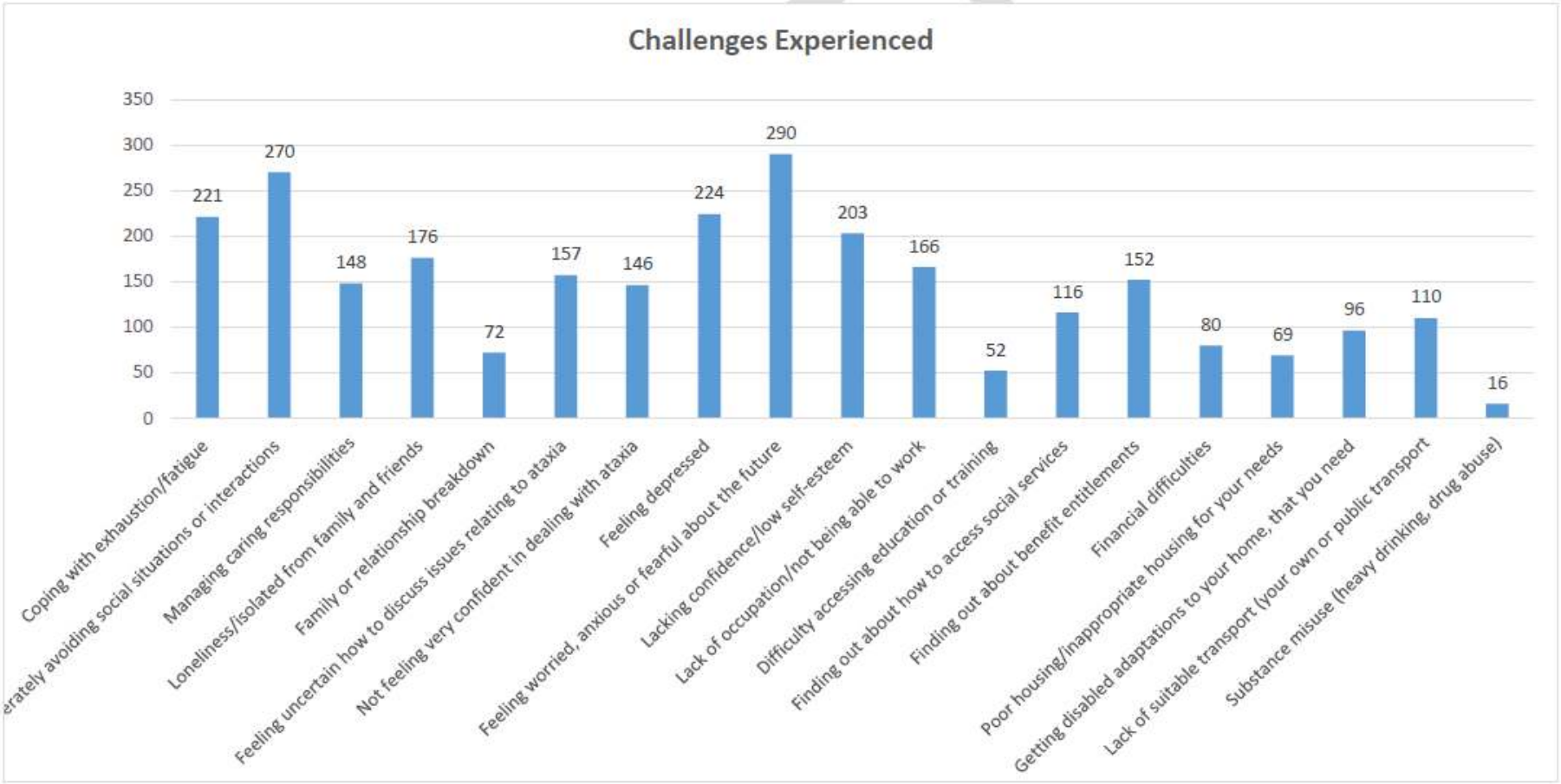
By Stuart Gillespie
09:57, 6 APR 2018

NE



ATAXIA

Our Friends' Survey



ATAXIA

Our Friends' Survey

feeling worried

anxious/fearful about the future

avoiding social situations

Our Strategic Plan 2017–2020

By 2020 we want people affected by ataxia to be able to say:

"I feel supported and in control"

ATAXIA

How can I take control?

Share your story.

ATAXIA

ATAXIA

ATAXIA

T A K E Ctrl

In Short…
Become an Ataxia Ambassador

ATAXIA

Taking Control

Writing

Dan Pettitt
17 April at 10:14

Hi Folks,

Had an idea about using twitter at naidex.
After we've told people about Ataxia, maybe we could take a selfie with the person and put something like 'Nice to meet you @handle, you are now #ataxiaaware !'

This could be our own hashtag and also put the naidex specific ones in there.

What do people think?

Media training
BBC's Trevor Barnes

Social media training

ATAXIA

What do Ambassadors do?

- Attend AUK events as a **community spokesperson**
- **Write** for our magazine or blog
- Be social media active for our digital campaigns
- Send your story to the **local press**
- **Network** with useful organisations and **assist** your community

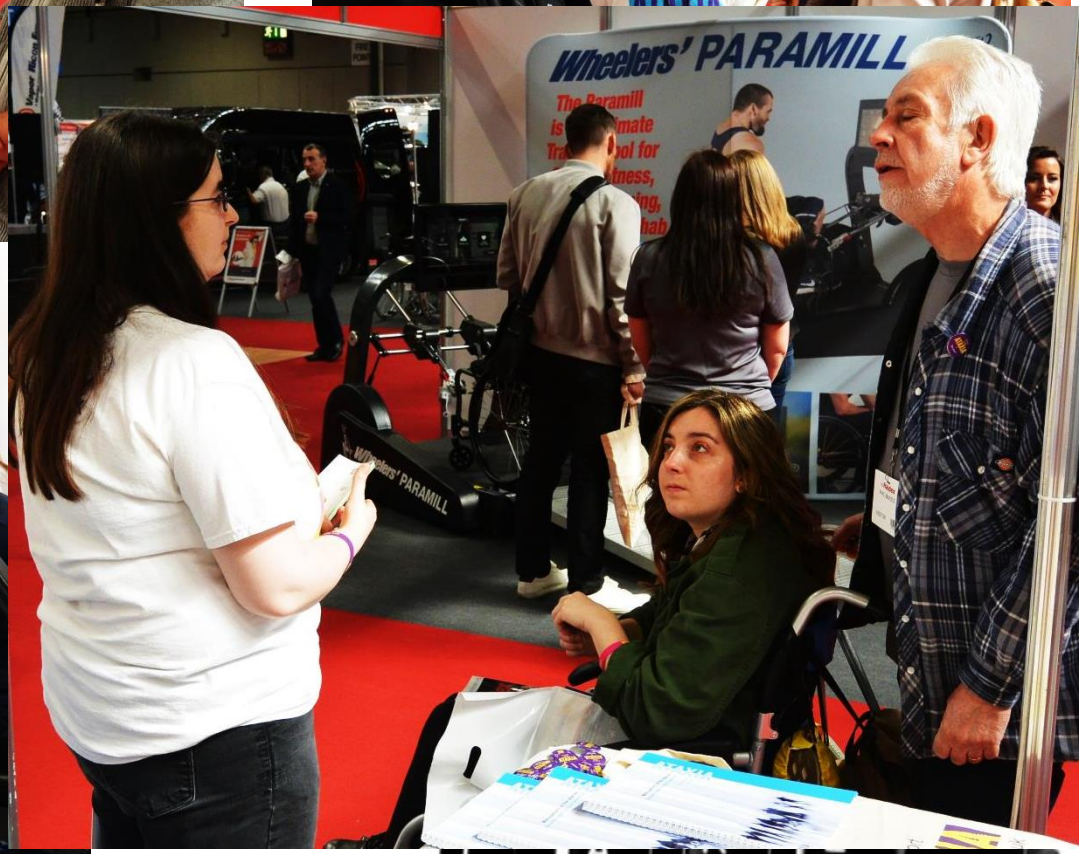
ATAXIA

Case Study: Naidex 2018

ATAXIA

Wheelers' PARAMILL
ATAXIA

AVANT


Wheelers' PARAMILL

ATAXIA

ATAXIA

Ctrl

Being an Ambassador

- "Becoming an Ambassador has improved my making eye contact with people and talking about ataxia… **a month ago, I couldn't have believed I'd do this."** – Aila
- **"Speaking to doctors about my condition made me feel equal to them**; I wasn't just another body in a wheelchair." – Ashley
- "I've enjoyed it so much. **I could talk to strangers about ataxia in my sleep, now."** – Dan
- "It's been unbelievable; I've met so many great people and made them ataxia aware! It's **done wonders for my confidence**." – Gemma

ATAXIA

Ambassadors…

- Feel empowered
- Have fun
- Build skills
- Spread the word
- Change how people perceive them

ATAXIA

Many of you are ambassadors already.

But if you want to make it official…

email me! communications@ataxia.org.uk

ATAXIA