# Wheelchairs & Mobility Aids

A WHISTLE STOP TOUR.....!

27th & 28th September 2024

VIRTUAL ANNUAL CONFERENCE



## What will we cover?

- The wheelchair assessment
  - Key principles
- What is included and how to prepare
- Categories of wheelchair user
- Components or wheelchair design
  - How do these affect function?
- Powered wheelchair categories & criteria
- Features of different walking aids

Your question opportunity at the end of the presentation

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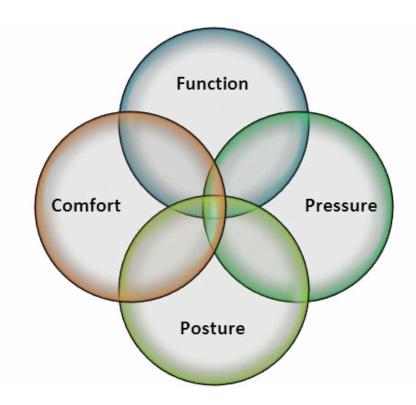
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## The Assessment

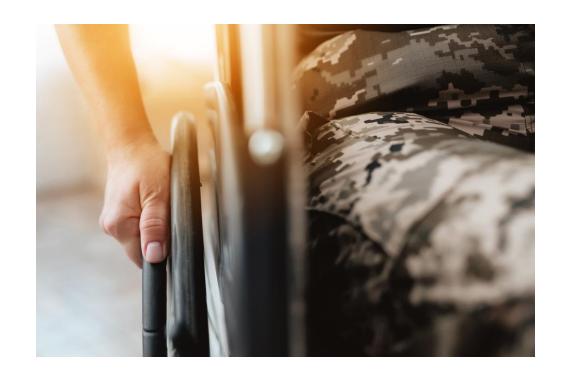
## Key Principles of Mobility Assessments

- Goals
- Benefits
- Trade offs



## The Parts of Assessment

- ► Information Gathering
- Body Measurements
- ▶ The Mat Assessment
  - ▶ In the wheelchair (if you have one)
  - Sitting on a plinth
  - Lying down



## Categories of Wheelchair User

## **WHO**

- Who is WHO?
- Independent International body with client segmentation based on function, not on product
- No black/white scenarios

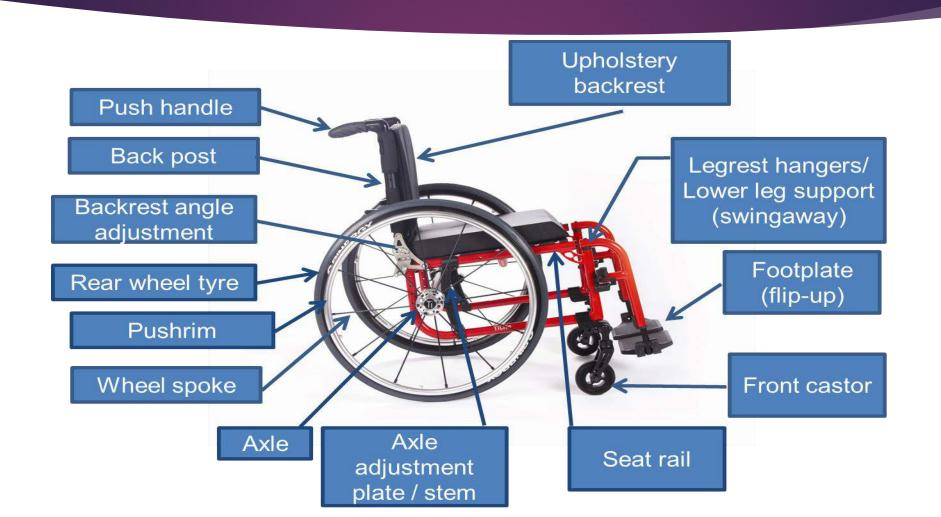
## WHO International Classification of Functioning, Disability & Health (ICF)

- Describes how people live with their health condition
- ICF is a classification of health and health related domains that describe body functions and structures, activities and participation.
- The domains are classified from body, individual and societal perspectives
- Since an individual's functioning and disability occurs in a context, ICF also includes a list of environmental factors

## Categories:

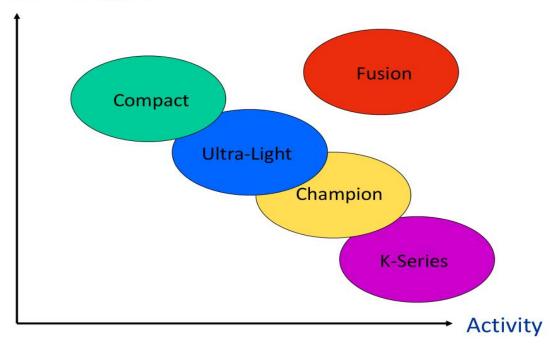
- Very active client
- Active client
- Medium active client (1)
- ► Medium active client (2)
- ▶ Passive client
- Very passive client

## Components of a manual wheelchair



## User groups / model range

## Need of support



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## **Accessories and Options**















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## Footplate options (I)

## Two-piece footplate

- For good ground contact when transferring
- Easy to flip to the side
- Set to the front or the back, fixed or angle adjustable

#### One-piece footplate

- Increases driving performance
- Can be fixed, flip-up or angle adjustable

## High-mounted footplate

Necessary to cater for short leg lengths







## Powered wheelchair categories











## Walking aids









## Questions!

OVER TO YOU.....



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## Footplate options (II)

#### Foot strap

- Textile band to replace a footplate
- Increases comfort when bear-foot
- Available on the Ultra-Light



## Heel loops

- Best suited to wheelchairs with swingaway leg-rests
- The leg-rest can be swung sideways without having to dis-assemble a legstrap



#### Foot loops

 Useful to avoid the client's feet from sliding forward and off the footplate





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## Castors (I)

#### Castor size

- 5 castor sizes available in the küschall® range
- Criteria for choice :
  - Level of activity of the client
  - Degree of comfort expected
  - Quality of environment in which the wheelchair will be used
- Small castors present good driving performances, but can block on uneven ground
- Large castors ensure good comfort and safety, but create more rolling resistance

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## Castors (II)

## **Castors types**

- A variety of hardness and shapes can be chosen from
- The harder the castors, the more manoeuvrable the wheelchair
  - Soft castors reduce potential discomfort, but also performance

#### Supersport 3"

- Very little ground contact and small turning circle of the wheelchair
- The hard rubber ensures manoeuvrability, but increases the danger of blocage



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## Castors (III)

#### Skater wheel 4"

 Still retaining high performance thanks to very little ground contact, but a little bigger and therefore better suitable for the outdoor use



## Light or sports wheel

- Available in 4, 5, 6 or 7"
- Light, hard wheels with a simple design

#### Softroll wheel 5"

- Soft rubber for increased comfort
- Wide tire width improves stability
- Reduced driving performance due to extensive ground contact





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## Castors (IV)

#### Starec castors 4" or 5"

- Attractive 5 branch design, available in 6 colours
- Hard rubber supplies good driving performance
- 4" version for increase performance, or 5" version for more security



#### Air tyre castors 6" or 7"

- Hightest level of comfort
- Reduced driving performance if not systematically and regularly pumped-up
- For frequent outdoor rides and uneven grounds, the 7" castor is often chosen for maximum comfort and security





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## Frames (I)

#### Foldable versus rigid frames

- Foldability reduces bulkiness
- Rigidity improves driving performance and manoeuverability





#### Front frame angle

- 2 front angles available on most küschall wheelchairs
- Standard active frame angle (75°) provides comfortable leg position and is recommended when the client cannot sit with his knees in a 90° angle
- Closed dynamic frame angle (90°) enables to shorten the wheelchairs length, improve the client's seating position and improve the wheelchair's driving performance



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## Brakes (I)

- Assembled on 90% of wheelchairs
- Avoided when extreme lightness is desired and when user is highly active
- Used solely as blocking brake, not during a ride

#### Pull brake

- Recommended in connection with swingaway leg-rests
- Will not be released by the leg-rest when the latter is swung away



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## Brakes (II)

#### Push brake

- Easy handling; available with a straight or bent lever
- Bent lever avoids trapping clothes during transfers

#### Active brake

- Best handled by active users
- Advantage : Completely disappears under the seat when inactive



#### Performance brake

Swing-away brake which avoids fingers getting trapped whilst driving



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## Brakes (III)

## Stoplock brake

- Brake positioned in the rear wheel hub
- Avoids front hand brake and is easier to operate

## Attendant brakes (drum brakes)

- Brake operated from the push handles by the attendant
- Give the carer the possibility to control the wheelchair during the ride and in parking situation





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## Siderests (I)

The higher the trunk stability and shoulder function, the lighter the side-rests

## Clothes-guards

- Lightest solution; avoids clothes catching durt from the rear wheels
- Allows to support hip position
- Should be carefully passed over during transfers (risks of injury)



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## Siderests (II)

#### Mud-guards

- Extended cloth-guard which covers rear wheels
- Provide higher level of cloth protection and reduced risk of injury during transfers



#### Armrests

- Arm and shoulder function support
- Reduces mobility range of the trunk and should only be used if required
- Several versions available: Light and advanced support, adjustable or fixed, always retrievable





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## Rear wheels (I)

#### Size

- Determined according to seat height requirement and body proportions
- For a client with avarange proportion, 24" wheels provide best propulsion conditions

## Types of spokes

- Radial spokes: rigidity in driving performance and design
- Crossed spokes: partial shock absorbance and strength





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## Rear wheels (III)

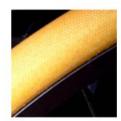
#### Tyres

 Pneumatic tyres: Ensure best driving performance and good level of shock absorption. Must be pumped up regularly for maximum efficiency



 Hard tyres (airless): For heavily solicited or indoor wheelchair use.
 Do not break easily but reduce driving performance. Available in flat, hexagonal or profile version.







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## Rear wheels (IV)

## Handrims

 Standard handrim light, anodised aluminium\_ Adequate when hand and finger functions are complete (low grip)



 Supergrip handrim Coated with a rubber layer for maximum grip

