



## **Developing a patient centred outcome measure of everyday tasks for people with ataxia.**

Ataxia is a neurological condition which results in un-coordinated voluntary movement. This movement dysfunction affects activities of daily living and the ability to function in an effective and efficient manner. Physiotherapy intervention provides one way of managing this disorder.

The need to accurately measure how ataxia affects function is important for physiotherapists and clinicians, in order to plan and evaluate treatment. However, the quality of measurement tools specifically available for this population is limited.

This study aims to identify the specific problems that people with ataxia face in everyday functional tasks and construct a patient centred outcome measure for use in clinical practice.

Can you help us to develop a better way of measuring your everyday problems?

### **What will happen if you take part?**

Phase 1.

You will be asked to read a list of activities and score how much difficulty you have with each one and how important the item is to you. You will also be asked to identify any items which you feel are irrelevant to you and whether there are any activities which you have difficulty with that have not been included.

Phase 2.

You will assist in developing the list of items specific to people with ataxia into a questionnaire that is easy and quick to complete.

This project does not require travelling. A questionnaire will be sent to you at home or it can be completed online.

If you would like to take part in this study or would like more information please contact:

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