



LONDON BRANCH N. W. LONDON SATELLITE GROUP - NEWSLETTER

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Now that we have been going one year, I am pleased to say that our group is getting larger. People come for the first time and I'm happy to say come back again. This must reflect on the welcoming feeling and friendliness of the group so I may I say thank you to everyone for making our gatherings successful.

When I first started the group I had meetings every two months but now because many people can't make some dates I decided to arrange a meeting of some kind every six weeks or there about to give everyone a chance to attend especially now that the holiday season is coming up.

We have had teas and lunches and hopefully in the future we will have outings, picnics and speakers. If any of you have additional ideas as to what else you would like our group to be involved in, please let me know!

We have also donated money to Ataxia UK. The next donation will be from a BUPA run that my daughter is taking part in at the end of May.

Here is a selection of pictures from some of our functions over the past year.



Informal get-together at the Traveler's Rest, Kenton

Sharing, Supporting, Socialising

The statements and opinions expressed in this newsletter may not represent those of Ataxia UK



Waffle House, St. Albans

Joint lunch with the NE London Support Group, at the Arnos Arms (Harvester) in Arnos Grove



Fish and Chip lunch at "The Catch" in Bushey

Looking forward to seeing you all in the future,
Regards, Deanna 😊

Sharing, Supporting, Socialising